



2026 Northwest Benefits Survey

Comprehensive benefits data

Guided by a steering committee of human resources professionals representing a diverse group of Northwest organizations, Milliman provides confidential and professional third-party data compilation. This comprehensive resource features plan features, comparative values, and current data on a broad range of employee benefits including:

- Medical
- Cost Containment Strategies
- Prescription/Pharmacy Plan
- Wellness
- Disease Management
- Alternative Care Options
- Dental
- Vision
- Benefits cost as a percent of payroll
- Retirement DB & DC
- Domestic partner benefit availability
- Paid Time-off
- Short-term Disability
- Long-term Disability
- Sick Leave
- Life Insurance
- Flexible Benefits
- Tuition Reimbursement
- EAP
- Long Term Care
- And more

NEW ADDITIONS TO THE SURVEY THIS YEAR INCLUDE

- Stop-loss deductible amounts
- Health Insurance cost-saving implementations
- PTO liability and accrual rates
- Plan costs and third-party fees
- And much more!

2026 Schedule

Data effective date:	January 1
Data submission due date:	April 3
Results publication:	Mid-June

Benefits of participation

UNLIMITED CUSTOMIZED REPORTS

Results include online access to our interactive reports, allowing you to create custom breakouts by peer group, geography, industry, size, medical plan type, funding type, etc. (a required minimum sample size maintains confidentiality). You'll also receive a detailed PDF report with an all participant summary report.

EARLY SIGN-UP PARTICIPANT DISCOUNT PRICING

We hear it year-after-year: Milliman Surveys are the easiest to complete, and highly cost-effective. Participants who sign up prior to January 29 save more than \$1,000 over non-participating organizations as shown below:

\$1,095 / non-participant price: \$2,190

PERSONALIZED VALUATIONS & YOU-TO-MARKET COMPARISONS

Participants have access to personalized benefit valuations for Medical, Dental, Vision, Defined Benefit Plans, Defined Contribution Plans, Total Retirement, LTD, Life and Pre65 Retiree Medical; and various other means of viewing your data in comparison to the market.

Sign up to participate at salariesurveys.milliman.com

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